

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Instruction:

- Read the following instructional text
- Follow the reading process
- Answer all the questions
- Write neatly

Read the following instructions:

NELSON MANDELA  
UNIVERSITY

PROTECT YOURSELF AND OTHERS  
FROM THE CORONAVIRUS

**WASH YOUR  
HANDS**



1 Apply soap & Wet your hands with clean water. Turn off tap **(we are in a drought!)**



2 Lather your hands with the soap and scrub for 20 seconds, the time it takes to sing Happy Birthday twice



3 Wash between your fingers



4 Wash between your thumbs



5 Scrub the back of your hands



6 Scrub wrists & forearms. Turn on tap & rinse with clean water. Turn off tap

CORONAVIRUS OUTBREAK NATIONAL HOTLINE:

**0 800 029 999**

08H00 - 16H00 (MONDAY - FRIDAY)

**Questions:**

**Level 1 – 2**

1. **What is the instructional poster about?**

\_\_\_\_\_.

2. **Which University created the poster?**

\_\_\_\_\_.

3. **List two things you would need in order to wash your hands:**

\_\_\_\_\_, \_\_\_\_\_

4. **How many steps do you need to follow?**

\_\_\_\_\_.

5. **Explain step ONE in your own words:**

\_\_\_\_\_

\_\_\_\_\_.

**Level 3 – 4**

6. **Can you think of another product to use in order to clean your hands instead of using water and soap?**

\_\_\_\_\_.

7. **Why do you have to wash your hands thoroughly?**

\_\_\_\_\_.

8. **Identify a word from the text that means the same as COVID 19:**

\_\_\_\_\_.

9. **Classify the following items under the correct headings:**

Hand sanitizer ; bar of soap

<b><u>Doesn't require water</u></b>	<b><u>Requires water to rinse off</u></b>

**Level 5 & 6**

**10. What is the difference between rinsing and scrubbing?**

---

---

**11. Do you think the steps are easy to follow? Give a reason why:**

---

---

**12. Illustrate (draw) a picture of yourself washing hands.**

