

STRUBENVALE PRIMARY SCHOOL

LIFE SKILLS

GRADE 4



NAME:

SURNAME:

GRADE:

REVISION

WELCOME BACK TO LIFE

SKILLS 😊

Instructions are as follows

- Write in blue pen always
- Corrections in pencil
- Draw a boarder around the boarder
- This work will be for Monday to Friday

Answer the following questions

RESPECT FOR OWN AND OTHERS BODIES

1. To care for my body I need _____ , _____
and _____
2. Is smoking harmful to your body

DEALING WITH CONFLICT

3. Complete three ways to help deal with conflict .
 - a) _____ about it
 - b) _____ differences
 - c) _____ the conflict getting worse

BULLING

4. write true or false for each sentences
 - a) If you are being bullied you can walk away _____

b) You should never tell an adult if you are being bullied _____

C. IF you are being bullied you should never go back to that place

d) if you are being bullied you can ignore _____

f) if you are being bullied try and stay in a group _____

5. CHILDRENS RIGHTS AND RESPONSIBILITIES

finish each sentence by filling in the responsibility to go with the right.

a) I have a right to education therefore I should _____

b) I have a right to healthcare services therefore I should _____

c) I have a right to basic nutrition therefore I should _____

d)

PERSONAL STRENGTHS

6. Name one thing you are good at ?

- _____

7. in term 1 you wrote down what you would like to get better at. what was it ? and has it improved?

DEALING WITH CONFLICT

8. Name something that could cause conflict between two people

EMOTIONS

9. 😊 what emotion is this?

10. IF we are afraid of something we can do one of two things, name these

11. write two things we can try to do when we feel angry

WORKING IN A GROUP

12. Name one good thing about working in a group?

13. Name one thing that makes working in a group difficult

14. Name one good thing about working on your own

15.Name one thing that makes working on your own more difficult
